



VOLUNTEER PROGRAMS

**PROVIDING SERVICES TO INTERNATIONAL STUDENTS
AND PROFESSIONALS SINCE 2005**

**A Volunteer Program
in Valencia is a perfect
opportunity to get involved
with community projects and
local organizations you feel
passionate about.**



Our Volunteer programs are essentially an experiential learning program that will not only benefit the lives of others less fortunate than you – but will also be beneficial to you on a personal level too.

Here's an idea of some of the projects and areas you can get involved with, based on the local organizations we partner with here in Valencia:

- Working with populations at risk of social exclusion e.g. youth and elderly communities
- Collaborating with local conservation projects and environmental organizations
- Lending a hand to community service work
- Assisting local agricultural companies
- Collaborating with local NGO's and their community outreach projects
- Working with NGO's to assist the homeless communities
- Teaching and assisting underprivileged children at after school clubs
- Helping with home renovation projects
- Helping out at elderly community residences and health centers

In order to enhance the impact you have during your volunteer period as well as your personal experience while in Valencia, you have the option to sign up for one of our Spanish language courses, improving your communication abilities with the communities you are working with.

This program is sure to be a life-changing experience!



Possible Volunteer Placements:

Below you will find descriptions of many of the organizations we work with. They are classified into specific sectors and defined by their purpose and objectives. The specific volunteer work that can be done within these organizations will depend upon the current projects and demands of the organization, the time of year/ season they are in, the Spanish speaking level of the volunteers themselves along with their background and capabilities.

Human Rights Organizations

Equal Rights

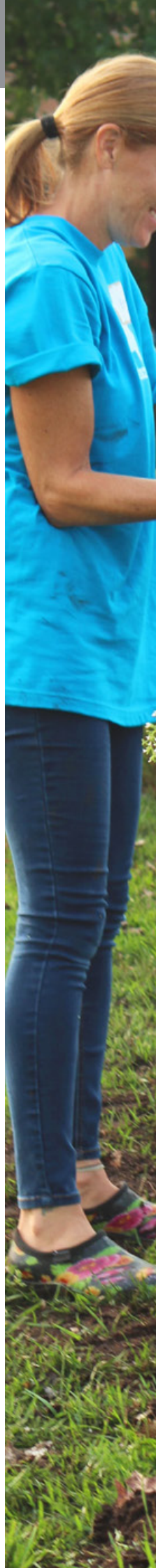
A foundation formed by professionals, mostly women, trained to work with people who have limited resources or who are at risk of social exclusion. This organization prides itself on promoting important values such as: Communication, Solidarity, Confidentiality, Equity, Confidence, Honesty, Coherence, Humility, Respect, Commitment and Professionalism.

They contribute to the development of a sustainable and egalitarian society through local programs and workshops directed towards the most vulnerable groups, especially women and younger families. They collaborate with social, political and business networks in order to fight against social exclusion. The association provides the following: social services, health care centers, employment training, occupational therapy, and services focusing on women and their specific needs.

All of the projects as well as staff (professionals and volunteers) are focused on fighting poverty and social exclusion in a real and effective way.

Women's Rights

A non-profit organization created in 2009, its mission is to fight the structural causes that restrict the citizenship of women or affect their rights. Consequently, it aims to influence the achievement of equal opportunities





between women and men, the fight against gender violence and any form of discrimination against women and young girls.

The vision of this organization is to be referential in the struggle for effective equality between women and men, to lead the development of a more fair and egalitarian society and a strengthened democratic society without discrimination or exclusion of any kind. They aid women to fully exercise their rights and their citizenship, without the patriarchal culture as a system of social organization and androcentrism as a global representation of humanity.

Children's Rights

A children's rights organization, which arose as a result of several technicians from different NGOs wanting to create a company that focused more on interculturality, as this was becoming increasingly necessary in most schools and high schools in the region. This organization focuses on the rights and welfare of children, creating a successful youth volunteer network which is constantly expanding and developing its outreach.

Human Rights for the Underprivileged

An NGO working in the defense of Human Rights since 1991, this organization works to help people in difficult social and economic situations.

The mission of the organization is to promote and develop centers, services, programs, and investigations in order to help with the prevention and integration of those at social and economic risk. This especially applies to children, youth, families, women, and those who are dependent on others.

International Human Rights Organizations

International Human and Equal Rights

An independent, non-profit, self-governing organization dedicated to defending human rights, their goal being to influence change in attitudes and behavior in society at large. They work with local partners through Official Development Assistance to eradicate circumstances of injustice. Their focus is to promote social change, based on justice, equal rights and opportunities between women and men, and care for the environment.

They promote values such as peace, democracy and solidarity both in Spain as well as in developing countries in Africa, Asia and Latin America. They also provide tools and programs to people in situations of inequality or at risk of social exclusion in order to contribute to their personal development.

Youth Rights in Underdeveloped Countries

Founded in 1994 with the purpose of helping boys and girls affected by the Chernobyl disaster, two organizations were later created with the intention of increasing collaborations and work activities in Ukraine and other underdeveloped countries like Benin, in Africa. Since 1994 more than 1,000 boys and girls have benefited from their programs.

The Ukrainian humanitarian programs have produced visible results in three big areas: health improvement, promoting values of living with others, and guaranteeing a future in education. This organization has been present in Benin since 2017, exclusively helping children and defending their rights through education and culture, particularly improving their health and dietary needs. In Valencia, they are impacting the community, encouraging solidarity and creating social awareness of these global issues.

Support Organizations for Specific Communities

Jail Recovery and Social Integration

An NGO that aims to assist the recovery of inmates, ex-inmates, those with mental disorders and/or health problems, helping them to establish themselves back into society. They are comprised of a team of 21 full time professionals that are supported by a group of committed volunteer workers. This association actively accompanies these people along their journeys to independence and helps them to integrate on all levels.

Some of the main resources they provide are housing facilities, places in homeless shelters or hostels, prevention programs associated with various health problems and user accounts for housing websites. They also provide workshops inside the prison walls to support inmates in all manners of recovery, most importantly addressing mental health problems and starting interventions before they leave in order to initiate them on the path to recovery.

Special Needs Development

A non-profit organization created in 1989, its primary objective being to facilitate and promote the integral development of people with Down syndrome and achieve their full family, educational, employment and social integration as active members of society.

Through specific actions and implementations they want to promote positive awareness and responsibility in society, with the end goal of improving the quality of life of people with Down syndrome. The organization carries out strategies and projects aimed at fostering and promoting the dignity and rights of people with functional diversity.

Organization for Immigrant Integration

Located in neighborhoods with a large presence of immigrants, this association works for and with migrants to help them integrate into the local society, providing tools to coexist between different cultures and training as citizens. It is a joint partnership, where migrants and locals live and work together among diversity. They have a large number of volunteers and work to facilitate interaction between their local neighborhood and the rest of the city.

They also provide language classes for children and adults to help them integrate better into society and help prepare them for school, higher education and employment opportunities.

Center for Underprivileged Communities

A non-profit organization founded in Valencia in 2016, their goal is to help people improve their quality of life. Their work is specifically focused on the following groups: homeless people, youth in families without resources, people with low income, immigrants, women who are victims of domestic violence, elderly people, people with disabilities, people with addictions, and in general, people at risk of social discrimination.

Their work is accomplished not only through providing physical materials to those in need, but also through training, workshops, and problem solving to name a few of their methods. Anyone looking to improve themselves in any way is welcome to join their courses and activities. The motto of this organization is: "Wake up and achieve your goals", clearly outlining their positive focus.



Academic Support Organizations

Development Center for Underprivileged Students

This scholastic center attends to students of underprivileged families. Throughout the year, around one hundred volunteers work together from Monday to Friday, providing structured activities for these students. They have two main objectives: to help them improve in their studies and complete homework tasks, and to provide extracurricular activities in their free time that focus on character building and teamwork skills.

Academic Prevention Center for Underprivileged Children

This center provides an answer to underprivileged children in neighborhoods near the center of the city who need help with social, economic, or academic areas. The objective is to help the development of children through early prevention to avoid social exclusion, improve their quality of life, and promote health of physical, psychological, and social wellbeing.

Health Centers or Residences

Health Center

A religious, non-profit organization which functions as a health center, their focus is to take care of people who are not able to be treated by health centers for financial reasons or otherwise. As they don't receive any economic aid from public administration, their primary source of monetary funding comes from public donations of money, food, clothes, books, etc.

Some of the main resources the health center provides are housing and hostel services, prevention programs, user accounts for housing websites and more. In this religious health centre the nuns take care of disabled women with physical and psychological problems. They offer clinical assistance, physiotherapy treatment and psychological interventions.

Geriatric Residence

Founded in 1999, this residence for the elderly are already a benchmark for services to older populations in their area, assisting adults 60 years old and up, whether

dependent or independent. The center emphasizes the company's role as a continued learning space, as an institute of theory training and fundamental learning

Residence for People with Disabilities

A center for people with intellectual disabilities who are dependent to different degrees, this center offers them support and assistance in all activities of daily life according to their capabilities. This center is a residence and also a day center for those needing to improve or maintain their level of independence and social integration.

Environmental Organizations

Environmental Conservation Organization

An environmental activist organization which began after a summer in Valencia with many fires, the focus of this NGO is to protect the environment, and encourage others to be involved in the conservation of mother earth for future generations. They not only help to plant trees and other plants but also contribute to animal protection.

Marine Conservation Organization

This local bio-marine organization works to protect the marine population and environment in Valencia. They work with the marine waste impact (and micro-plastic impact) by cleaning up beaches, canals, and monitoring aquatic species.

Ecological Organization

A local, fair trade, organic farm producing Valencian fruits and vegetables, this company has been in business since 1998 selling its products with maximum quality, certified by the Valencian Organic Agricultural Committee (CAECV). They believe in local agriculture, where the farmer participates in the value chain of the product.

They follow the work model which our Valencian predecessors passed down to us, using traditional cultivation techniques combined with modern agro-ecological techniques. This was the first company to cultivate certified organic tiger nuts in the certified region of origin, or D.O., (of tiger nuts, "chufa") of Valencia.





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